

Cancer Information Booklets and leaflets – free to take

Looking for information to help you understand more about your condition and its treatments? There is a comprehensive collection of booklets and leaflets available to take away for free from your local library as well as information books to borrow on free loan - see booklist: books to borrow from the library.

Not available on display? Some of the libraries in the county hold a bigger collection of booklets than others, but if the title you require is not available in YOUR local library then please speak to staff or order FREE from:

<http://be.macmillan.org.uk/> where there are many more titles or ring 0800 500 800

Living with and after cancer

Cancer and complementary therapies	MAC11645
Cancer and older people	MAC11666
Cancer genetics - how cancer sometimes runs in families	MAC11673
Cancer survivor's guide	MAC5769
Cancer treatment and fertility for men - <i>leaflet</i>	MAC12155
Cancer treatment and fertility for women - <i>leaflet</i>	MAC12156
Cancer, you and your partner - <i>leaflet</i>	MAC12157
Caring for someone with advanced cancer	MAC11623
Controlling cancer pain	MAC11670
Controlling the symptoms of cancer	MAC11671
Coping with advanced cancer	MAC11626
Coping with fatigue	MAC11664
Coping with hair loss	MAC11627
Diet and cancer	MAC11625
Eating well after cancer treatment	MAC12516
Exercise after cancer treatment	MAC12515
Getting travel insurance when you have been affected by cancer	MAC4056
Giving up smoking	MAC12514
Hello and how are you? A guide for carers by carers	MAC5767
Help with the cost of cancer	MAC4026

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How are you feeling	MAC11593
Life after cancer treatment	MAC11661
Lost for words: how to talk to someone with cancer	MAC11631
Managing the late effects of breast cancer treatment	MAC12161
Money worries? How we can help	MAC12732
Recipes from Macmillan cancer support	MAC11668
Sexuality and cancer	MAC11644
Talking about your cancer	MAC11646
The emotional effects of cancer	MAC11669
Travel and cancer	MAC11667
Understanding lymphoedema	MAC11651
We care about carers	MAC12871
Work and cancer	MAC11675
Working while caring for someone with cancer	MAC11688
Your feelings after cancer treatment	MAC12517

Children and young people

I'm still me: a guide for young people affected by cancer	MAC6706
Katie's garden – a little girl's experiences of cancer	
What's up with Richard? Medikidz explain leukaemia	MAC12988
What's up with Lyndon? Medikidz explain osteosarcoma	MAC12990
What's up with Rachel? Medikidz explain brain tumours	MAC12986
Peppermint Ward	MAC11682
Relationships, sex and fertility for young people affected by cancer	MAC11679
A parent's guide to children's cancer	MAC11662
Talking to children when an adult has cancer	MAC5766
What's up with Bridget's mum? Medikidz explain breast cancer	MAC12987
What's up with Tiffany's dad? Medikidz explain melanoma	MAC12989
Let's talk about you: a guide for young people caring for someone who has cancer	MAC13009

Tests and treatments

Ask about your cancer medicines - leaflet	MAC12159
Getting the best from your cancer services - leaflet	MAC12160
Breast radiotherapy - possible side effects	MAC11681

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Pelvic radiotherapy in men: possible late effects	MAC11676
Pelvic radiotherapy in women: possible late effects	MAC11677
Understanding allogeneic (donor) stem cell transplants	MAC11690
Understanding bowel cancer screening	MAC11687
Understanding breast reconstruction	MAC11660
Understanding breast screening	MAC11674
Understanding cancer research trials (clinical trials)	MAC11658
Understanding cervical screening	MAC11618
Understanding chemotherapy	MAC11619
Understanding high dose treatment with stem cell support	MAC11691
Understanding radiotherapy	MAC11640
Understanding risk-reducing breast surgery	MAC11680
Understanding the PSA test	MAC11665

Cancer type

Are you worried about bowel cancer? - leaflet	MAC12151
Are you worried about breast cancer? - leaflet	MAC12153
Are you worried about cancer? - leaflet	MAC12150
Are you worried about ovarian cancer? - leaflet	MAC12152
Are you worried about prostate cancer? - leaflet	MAC12154
Understanding acute lymphoblastic leukaemia	MAC11612
Understanding acute myeloid leukaemia	MAC11613
Understanding advanced (metastatic) prostate cancer	MAC11686
Understanding advanced melanoma	MAC11918
Understanding brain tumours	MAC11647
Understanding breast cancer	MAC11616
Understanding breast cancer in men	MAC11915
Understanding cancer of the ovary	MAC11637
Understanding cancer of the pancreas	MAC11638
Understanding cancer of the voicebox (larynx)	MAC11650
Understanding cancer of the vulva	MAC11643
Understanding cancer of unknown primary	MAC11689
Understanding cervical cancer	MAC11648
Understanding chronic lymphocytic leukaemia	MAC11620
Understanding chronic myeloid leukaemia	MAC11621
Understanding colon cancer	MAC12474
Understanding early (localised) prostate cancer	MAC11639

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Understanding early (superficial) bladder cancer	MAC11683
Understanding head and neck cancers	MAC11652
Understanding Hodgkin lymphoma	MAC11628
Understanding invasive and advanced bladder cancer	MAC11684
Understanding kidney cancer	MAC11629
Understanding locally advanced prostate cancer	MAC11685
Understanding lung cancer	MAC11632
Understanding melanoma (1mm and over)	MAC11916
Understanding mesothelioma	MAC11672
Understanding myeloma	MAC11634
Understanding non-Hodgkin lymphoma	MAC11635
Understanding oesophageal cancer (cancer of the gullet)	MAC11636
Understanding primary bone cancer	MAC11614
Understanding primary liver cancer	MAC11917
Understanding rectal cancer	MAC12475
Understanding secondary breast cancer	MAC11617
Understanding secondary cancer in the bone	MAC11659
Understanding secondary cancer in the liver	MAC11630
Understanding skin cancer	MAC11653
Understanding soft tissue sarcomas	MAC11654
Understanding stomach cancer	MAC11641
Understanding testicular cancer	MAC11642
Understanding thin melanoma (less than 1mm)	MAC11633
Understanding thyroid cancer	MAC11655
Understanding womb (endometrial) cancer	MAC11656

End of life

Dying with cancer	MAC11663
End of life: The Facts	MAC12149

Cambridgeshire Libraries

Anyone can use libraries to search for information or to browse through books - but to borrow items or to use the computers you need to join – it's free. Phone or see the website to find your nearest library and opening times.

www.cambridgeshire.gov.uk/libraries

Telephone: 0345 045 5225

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