

# Walks on the Wildside

## HELPFUL HINTS

This pack is aimed at families with children under 12 years old, to encourage people to explore the wider Cambridgeshire countryside, using the network of well sign posted footpaths, bridleways and byways.



The knowledgeable Holly Hedgehog will guide the whole family through these walks, offering suggestions, making observations and emphasising safety.

Use the series of coloured spotter charts for quick identification and encourage youngsters to look closely at the plants and animals. Each individual leaflet has line drawings and suggested activities to get the whole family exploring and enjoying the countryside. It is important to note that whilst specialist themes have been identified, activities are interchangeable and wildlife indicated is not exclusive to that one site!

Brief background information is included to offer an insight into local history, but much more information is available from local libraries or specific leaflets.

We hope you find this package informative and fun to use, if you have any comments, or suggestions please contact Cambridgeshire County Council.



## Follow the Countryside Code!

When visiting the countryside, you must **always** follow the Countryside Code. For details visit:

<http://www.cambridgeshire.gov.uk/sub/cntryside/reports/ccode.htm>

It is also useful to remember to ..

- ✎ Tell someone where you are going, and what time to expect you back
- ✎ Take an ordnance survey map (and know how to use it) in case you miss the signposts!
- ✎ Carry sufficient drink and refreshments
- ✎ Be prepared for weather conditions:-
  - Sun hat and sun barrier cream
  - Sunglasses
  - or wet weather gear
- ✎ Remember to carry any medicines, ie. asthma inhalers etc.
- ✎ Simple first aid kit



Ideally carry these items in a rucksack



Enjoy your visit

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