

Weeks commencing: 31 Oct, 21 Nov, 12 Dec, 16 Jan, 6 Feb, 5 Mar, 26 Mar

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	The Main Event	Pork sausage hot dog Quorn sausage hot dog ✓	Roast turkey with gravy Tasty bean bake ✓	Creamy chicken korma Herby spaghetti ✓	Golden topped beef shepherd's pie Cheddar cheese Catherine wheels ✓	Golden fish fingers with tomato sauce Lentil and leek casserole with cheesy dumplings ✓
	And to Go With	Oven baked potato wedges Baked beans Sweetcorn niblets	Crispy roast potatoes Creamy mashed potatoes Roasted winter vegetables Garden peas	Fluffy Patna Rice French bread Carrots Green beans	Duchess potatoes Broccoli florets Mixed vegetables	Chipped potatoes Herby diced potatoes Garden peas Baked beans
	Puddings	Oaty flapjack with fruit juice Apricot shortcake with custard	Fruity chocolate pudding with custard Raspberry ripple mousse	Gingerbread person with milkshake Cornflake tart with custard	Steamed jam sponge with custard Fresh fruit salad	Bakewell tart with custard White chocolate cheesecake

Weeks Commencing: 7 Nov, 28 Nov, 2 Jan, 23 Jan, 20 Feb, 12 Mar

Week 2	The Main Event	Wholemeal pepperoni pizza Wholemeal margarita pizza ✓	Roast chicken breast with gravy Cheese and egg quiche ✓	Pork sausages with gravy Quorn sausage with gravy ✓	Beef lasagne Mexican wrap ✓	Crispy battered fish fillet Pasta Neapolitan ✓
	And to Go With	Oven baked potato wedges Baked beans Sweetcorn niblets	Crispy roast potatoes Creamy mashed potatoes Carrots Green cabbage	Creamy mashed potatoes Roasted winter vegetables Cauliflower florets	Garlic bread Herby diced potatoes Broccoli Florets Sweetcorn niblets	Chipped potatoes French bread Garden peas Baked beans
	Puddings	Chocolate cracknell and fruit juice Macaroon tart with raspberry sauce	Pineapple upside down pudding with custard Golden cereal bar and milk	Apple pie with custard Strawberry whip	Lemon drizzle cake with custard Fruit jelly and ice cream	Iced bun and a milkshake Chocolate surprise pudding with custard

Weeks Commencing: 14 Nov, 5 Dec, 9 Jan, 30 Jan, 27 Feb, 19 Mar

Week 3	The Main Event	Crispy chicken grill in a wholemeal bun with tomato sauce Quorn burger in a wholemeal bun ✓	Roast leg of Suffolk pork with apple sauce Vegetable enchiladas ✓	Beef steaklet with tomato sauce Creamy macaroni cheese ✓	Sausage and bean pie Cheese and potato bake ✓	Golden fish fingers with tomato sauce Vegetable lasagne ✓
	And to Go With	Oven baked potato waffles Garden peas Sweetcorn niblets	Crispy roast potatoes Creamy mashed potatoes Carrots Broccoli florets	Herby diced potatoes Tomato bread Baked beans Mixed vegetables	Oven baked potato wedges Roasted winter vegetables Green beans	Chipped potatoes French bread Sweetcorn niblets Baked beans
	Puddings	Lemon love cake with custard Date and syrup bar and a milkshake	Eve's pudding with custard Fresh fruit salad	Fudge tart with chocolate sauce Carrot cake and milk	Apricot and cornflake cookie and fruit juice Syrup sponge with custard	Fruity apple crumble with custard Cheese and biscuits

Available Daily: Salad Bar as a main meal or a side dish...

Freshly baked bread... Biscuit selection...

Fresh fruit served with a drink... Fresh water available.

