

Bullying: Books for Children and Young People

The following list provides details of some of the many books available for children and young people that deal with bullying. Please note that these books are *not* available from the Anti-Bullying Alliance. Your local bookshop or public library may be able to order titles for you. Out of print titles are often available from online suppliers. We welcome feedback on any of the books listed.

Fiction for younger readers:

ALEXANDER, L. (2004)

Hope and the bullies: the girl who drew the line at bullying

An illustrated book for children, which allows for discussion around bullying and how we treat one another.

Publisher: Young Voice

ISBN 1903456169

Suggested age range: 7-9

BLACKMAN, M. (2004)

Cloud busting

Despite his Mum's insistence, Sam doesn't want to be friends with Davey; he thinks Davey's a first class, grade A, top of the dung heap moron. But one day Davey saves Sam's life and a bond is formed between them. Sam is still embarrassed to be seen with Davey, but little by little he has to admit, when it's just the two of them, Davey is a lot of fun. But then something terrible happens to Davey... Told in verse, in the first person, this is the touching story of an extraordinary friendship that changes two boys' lives forever.

Publisher: Doubleday

ISBN 0385607962

Suggested age range: 8+

BROWNE, A. (2000)

Willy the Champ

Willy the chimpanzee doesn't conform to the macho stereotypes and so comes in for a lot of hard times and bullying. Willy likes to read and listen to music. However hard he tries he just cannot get interested in football or swimming, so when Willy meets Buster Nose he is in for a surprise. This book examines the behaviour of bullies and shows ways of dealing with them.

Publisher: Walker Books

ISBN 0744543568

Suggested age range: 6-8

BURNINGHAM, J. (1992)

Oi! get off our train

A little boy is ordered to go to sleep by his mum as she hands him his doggy pyjama-case for company. Playing with his toy train immediately before bed he continues his journey in his dreams. The little boy is asked by a selection of endangered animals if they can join him on his train. The book takes the child on an imaginary journey, amalgamating the world of play and fantasy with some rather serious issues.

Publisher: Red Fox

ISBN 009985340X

Suggested age range: 7-9

CAVE, K. (2000)

Something else

Something Else is a lonely creature, excluded from everything because he is different. One day an equally curious creature (Something) turns up, giving him the chance to meet someone even stranger than himself. At first he rejects him on the grounds that he is so

peculiar, but then realises that this is exactly what he has experienced. This is a useful book for reassuring any child that being different can be a very positive thing.

Publisher: Puffin

ISBN 0140549072

Suggested age range: 4-8

DURANT, A. (2000)

Big bad bunny

No one is safe from Big Bad Bunny. After stealing from Little Chick, Little Squirrel, and Little Goat, he's off to rob the bank. But Big Bad Bunny is no match for bank manager, Old Wise Bunny. This tale of a bunny gone bad (and then good again) is ideal for reading aloud.

Publisher: Orchard

ISBN 1841217433

Suggested age range: 5-7

FINE, A. (2002)

The angel of Nitshill Road

Until the angel came, Penny, Mark and Marigold were bitterly unhappy. They were called names - 'Fat,' 'Freak,' 'Smelly'. Barry Hunter was bullying them and everyone at Nitshill Road School knew it. But the angel brings a clever solution. Life at school is going to be very different from now on.

Publisher: Egmont

ISBN 1405201843

Suggested age range: 7+

IMPEY, R. (1992)

Trouble with the Tucker twins

Mick doesn't want to go to school. When mum asks why, he tells her about the Tucker twins. They bully Mick - things like ruining his painting, taking his sweets, putting their left-overs on his plate, and once, they made him put a slug in his glove. Mick thinks it is because there are two of them that there are problems. Mum says, 'even bullies are soft inside', but Mick doesn't believe it. Only one twin comes to school that day, and sure enough, without his brother he spends all day crying. Mick helps him with his sums and begins to understand that bullies do have a soft side.

Publisher: Viking

ISBN 0670828572

Suggested age range: 5-7

IRONSIDE, V. (2004)

The huge bag of worries

Jenny has many worries that gradually build up into a huge bag of worries. This includes thinking that someone is whispering about her in the playground. Jenny tries a lot of self-help strategies but she just can't get rid of the huge bag until one day a lady helps her sort out the worries and cope with any that she may face in the future.

Publisher: Hodder Wayland

ISBN 0340903171

Suggested age range: 5-11

MCKEE, D. (1989)

Elmer

This is the first in the series about Elmer, the patchwork elephant. In this tale Elmer gets fed up being multi-coloured and decides to remedy that in a rather unusual way. Along the way Elmer realises that his true purpose in life is to make all the other elephants in the jungle happy. An entertaining read that helps children recognise different colours and appreciate that it is all right to be different.

Publisher: Andersen Press

ISBN 0099697203

Suggested age range: 3+

ROSS, T. (2004)

Is it because?

A young boy tries to understand why Peregrine Ffrog picks on him. He asks his dog, 'Is it because he's got silly names? Is it because he's no good at games? Is it because he misses his mum? Is it because he still sucks his thumb?' This sympathetic rhyming tale about bullying even-handedly presents both sides of the story, and is accompanied by Tony Ross's characteristically engaging illustrations.

Publisher: Andersen Press

ISBN 1842702963

Suggested age range: 0-5

SIMON, F. (2000)

Hugo and the Bully Frogs

Hugo is a little frog with a tiny croak, whose life is made miserable by some big, bad bullyfrogs. The other animals suggest ways in which Hugo can defend himself, but he is just too timid. Then, when bossy old Duck arrives, she soon hits on the answer.

ISBN 1862331731

Suggested age range: 4-5

THOMAS, J. (2003)

Can I play?

Casper Cat wants to play 'tig' with his best friend Susie Sheep, but Milly Goat comes along and takes Susie away. Casper feels excluded and has to content himself with watching them play. When Casper's mum takes him to the park, he realises that it is possible to play 'tig' in a group. Mum encourages Casper to stand up for himself, so that the next time Milly ignores him he has the perfect reply at the ready. This is a colourful book that deals sensitively with a difficult issue.

Publisher: Egmont

ISBN 1405205970

Suggested age range: 2-6

WILSON, J. (2002)

Monster eyeballs

Mark is the class bully. He enjoys scaring everyone, but he has met his match in Kate and her monster eyeballs!

Publisher: Egmont Children's Books

ISBN 1405202505

Suggested age range: 5+

Further titles:

AMOS, J.

Bully

Stories of young children who get angry and pick on someone else provide questions for a discussion on bullies. Examines what it is like for a child to be a bully while also showing the effect it has on the people around them.

Publisher: Evans Publishing Group

ISBN 184234062X

Suggested age range: 7+

BROWNE, A. (1995)

Willy the Wimp

A picture book which follows a day in the life of a timid chimp called Willy, who shuns fighting and confrontation. Tired of being called a wimp he answers a body-building advertisement, with hilarious results.

Publisher: Walker Books

ISBN 0744543630

Suggested age range: 6-8

DODD, L. (2003)

Scarface Claw

Scarface Claw, the toughest tomcat in town and Hairy Maclary's arch-enemy, is at the centre of this story. Like most bullies, however, he turns out to be not quite so tough as he and the other animals think when he is scared by his own reflection.

Publisher: Puffin

ISBN 0140568867

Suggested age range: 3-8

GODDEN, R. (2004)

Diddakoi

Everyone in Kizzy's town hates her because she's half-gypsy - a diddakoi. But Kizzy doesn't care. All she needs is Gran and her horse, Joe. But when Gran dies and their wagon burns down, Kizzy is all alone. No one wants to look after her and her beloved Joe might get sent to the knacker's yard. Can Kizzy survive in a hostile world and save Joe?

Publisher: Macmillan Children's Books

ISBN 0330398687

Suggested age range: 7-9

GREEN, J. (1999)

I feel bullied (Your feelings series)

Provides an introduction to the subject of bullying for young children. It describes different kinds of bullying, and the feelings of people who get bullied. The book contains notes for parents and teachers and suggests various ways of helping children deal with the problems of bullying.

Publisher: Hodder Wayland

ISBN 0750225769

Suggested age range: 4-8

GRINDLEY, S. (2003)

Feather wars

Sam is being bullied at school. A quiet, creeping insidious form of bullying that has Sam terrified of his persecutors. Sam is also very angry with his father, as it appears that he is the cause of the bullying. Sam's father keeps pigeons and the bullies find this amusing. When Sam's father has to go off and help in the D-Day landings and Sam is left at home with his mother and little sister, things begin to change for him. He begins to see things in a new light and finds a new resolve to deal with the problems around him.

Publisher: Bloomsbury Pub Ltd

ISBN 0747563381

Suggested age range: 4-8

JENNINGS, L. (1996)

Fred

Fred the kitten is too scared of Horrible Harry to use his catflap. His owners try everything until finally Fred plucks up courage and Horrible Harry receives his comeuppance at last!

Publisher: Little Tiger Press

ISBN 1854301276

Suggested age range: 4-8

McCAFERTY, J. and ROXBEE COX, P. (2004)

Don't be a bully, Billy!

A simple rhythmic story designed to introduce very young children to the idea of right and wrong. Each central character discovers in an amusing way the penalty of ignoring warnings to behave properly. It helps to teach children about the consequences of their actions.

Publisher: Usborne Publishing Ltd

ISBN 074605274X

Suggested age range: 3-6

ROSEN, M. (2003)

Little Rabbit Foo Foo

He's wild, he's wicked, he's Little Rabbit Foo Foo! The bully-boy bunny likes nothing better than to ride through the forest bopping everyone on the head. Wiggly worms, tigers, no one is safe. But here comes the Good Fairy - and she is not amused!

Publisher: Walker Books

ISBN 0744598001

Suggested age range: 3+

Fiction for older readers:

FORDE, C. (2003)

Fat Boy Swim

Jimmy is bullied mercilessly at school, especially on the sports field. But at home he shares a secret with his mum and Aunt Pol: Jimmy is a brilliant cook. Father Joseph (aka Coach or G.I. Joe) wants a favour from Jimmy, but not while he's in such a state of self-loathing.

Eventually, Jimmy realises that he has to take control of his own life and asks Joe to teach him to swim. He proves to be a natural and commands respect in the pool, but still has to confront his demons when other secrets are revealed.

Publisher Egmont

ISBN 1405202394

Suggested age range: 10+

GARDNER, G. (2004)

Inventing Elliott

Elliott has just started at a new school. He thinks a lot about why he was bullied at his last school and sets out to do the exact opposite in order not to attract attention. He makes sure he sits in the least conspicuous place in class, that his clothes fit in, that he never comes top in anything, that he excels at one sport (swimming) – all in order to be accepted. Unfortunately, the new Elliott he has created actually attracts the attention of the very bullies he has sought to avoid and they identify him as a new ringleader of their organised activities. Elliott faces conflicting emotional tugs from his mum, dad, geeky friend Ben and potential new girlfriend Louise, all of whom make demands on him that he is not sure he can satisfy.

Publisher: Orion

ISBN 1842552082

Suggested age range: 10-14

GAVIN, J. (2001)

Coram boy

A tale of two boys - Toby, saved from an African slave ship; Aaron, the illegitimate son of the heir to a great estate. A tale of fathers and sons - Otis, dealing in the vilest trade of all, and his son Meshak, not quite of this world; Sir William Ashbrook, landowner, and Alexander, the son he disinherits. An epic journey fraught with every danger and excitement, until love triumphs over hatred and corruption. This well written book provides examples of racism and incipient bullying.

Publisher: Egmont

ISBN 1405212829

Suggested age range: 12+

GOLDING, W. (2005)

Lord of the Flies

A plane crashes on a desert island and the only survivors, a group of schoolboys, assemble on the beach and wait to be rescued. By day they inhabit a land of bright fantastic birds and dark blue seas, but at night their dreams are haunted by the image of a terrifying beast. As the boys' delicate sense of order fades, so their childish dreams are transformed into something more primitive, and their behaviour starts to take on a murderous, savage significance.

Publisher: Faber

ISBN 0571227678

Suggested age range: 12+

GRAY, K. (2003)

Malarkey

Within a few hours of starting at a new school, John Malarkey, a strong-minded teenager, is accused of a theft he did not commit. As he tries to sort out the problem and deal with the pupils who used him as a scapegoat, he gets himself into much deeper trouble. John's struggle to prove his innocence and smash the gang (which is, in effect, controlling the school) is recounted in gritty language, and the last chapter provides a dramatic conclusion to a powerful story line that is not afraid to confront the horrors of bullying and blackmail.

Publisher: Red Fox

ISBN 0099439441

Suggested age range: 12+

HUGHES, S. (2000)

The lion and the unicorn

Evacuated during the Second World War, Lenny takes with him a badge given to him by his father, depicting a lion and a unicorn fighting. Lenny is bullied by the children at his new school, but draws courage from his father's badge, and comes to terms with his fear and loneliness when he befriends Mick. Beautifully written and illustrated.

Publisher: Red Fox

ISBN 0099256088

Suggested age range: 7-11

JOHNSON, P. (2004)

Avenger

Gareth is thrilled when he is befriended by Jake, the streetwise new boy from London, but when Jake thinks Gareth is making fun of him, they become bitter enemies. Gareth retreats into the memory of his recently dead grandfather, and draws strength to face his bullying ex-friend from his grandfather's night-time visits, which also encourage him to stand up for himself. This is a touching portrait of a boy who thinks of his grandfather as a hero and role model, and who overcomes his grief by imagining that his grandfather makes a ghostly return to support him in his unhappiness at school. This is a powerful tool for considering the causes of inadequacy and bullying, and how bullies and their victims can both face and conquer them.

Publisher: Corgi Yearling

ISBN 0 440 86458 5

Suggested age range: 9+

PETERS, A.F. and PETERS, P. (2003)

Poems with attitude

An interesting selection of poems on a range of issues relevant to children and young people. It includes seven poems about bullying.

Publisher: Hodder Wayland

ISBN 0750241896

Suggested age range: 12+

ROWLING, J.K. (1997)

Harry Potter and the philosopher's stone

Harry Potter has thrilled us through five books with his exploits and dilemmas.

Interestingly Harry doesn't present as a super hero; he's a boy who has been bereaved, abused by his foster family and is constantly beleaguered by self-doubt. He goes to Hogwart's school for witchcraft, which he loves, but it is a school in which bullying is endemic. Some of the teachers bully the pupils, or each other, and Malfoy and his chums bully Harry and his friends. The book gives many rich opportunities, which could be used within PSHE, to prevent bullying.

Publisher: Bloomsbury

ISBN 0747532745

Suggested age range: 7+

SINGER, N. (2001)

Feather boy

Robert is a victim of bullying at school but through the Elders' Project at school, he comes to meet Edith Sorrel, and her tragic story changes his life forever. The cross-generational theme works well and the characters, including the class bully, are very realistic. A sensitive and moving story.

Publisher: HarperCollins

ISBN 0007120265

Suggested age range: 9-11

WILSON, J. (2004)

Bad girls

Deals lightly but sensitively with the terrible pain suffered by a 10-year-old girl when she becomes the victim of vicious bullying at school. When the over-protected, intelligent Mandy is cast out by her so-called girl "friends" at school, she takes up with the trendy, cheerful 14-year-old Tanya. Because Mandy reminds Tanya of her much-loved kid sister in care, and because she too is lonely, the two quickly become best friends. But Tanya's unhappy life has made her turn to petty crime and before long Mandy finds herself in deep water.

Publisher: Yearling Books

ISBN 0440418062

Suggested age range: 8-11

Further titles:

ANDERSON, L. (2001)

Speak

Melinda Sordino busted a summer party by calling the cops. Her friends won't speak to her and strangers glare at her. No one knows why she called the cops and for some reason she can't explain. She retreats into her head, but even there, there is something she doesn't want to think about.

Publisher: Hodder Children's Books

ISBN 0340817623

Suggested age range: 12+

BLUME, J. (1998)

Blubber

It's easy to bully someone, especially when they're weak and different, and everyone else joins in the game. That's why they all call Linda "Blubber", including Jill. Jill can't stop joining in, even though she can see how much Linda is hurting.

Publisher: Macmillan Children's Books

ISBN 0330398059

Suggested age range: 9-11

BYARS, B. (2000)

The eighteenth emergency

Mouse and his best friend Ezzie have come up with 17 action plans for various types of emergency such as Attack by an Unfriendly Lion. But nothing has prepared them for the 18th emergency being on the wrong side of Marv Hammerman every eighth-grader's worst nightmare.

Publisher: Red Fox

ISBN 0099408678

Suggested age range: 10+

CHAMBERS, A (1994)

The present takers

Melanie Prosser and her gang have the school sewn up. Every time it's another girl's birthday they have ways of getting what they want - and the ways hurt. But Lucy, the latest target, knows she should fight back and she's going to need all the help she can get.

Publisher: Red Fox

ISBN 0099991608

Suggested age range: 9-11

COPPARD, Y. (1990)

Bully

Kerry has been in car accident and has crippled her leg. Her mother crashed the car and feels responsible so they move home and Kerry moves school. Not everything goes well though and Kerry gets bullied by two boys called Billy Taggart and Wayne Shaw. Kerry is helpless but redeems herself at the end when she finds out a secret.

Publisher: Random House

ISBN 0099838605

Suggested age range: 10-15

DICAMILLO, K. (2003)

Tiger Rising

'Tiger Rising' is about Rob, who won't allow himself to think about his recently deceased mum or the bullies at school, until one day he discovers a caged tiger in the woods and his whole life begins to change.

Publisher: Walker Books

ISBN 0744583500

Suggested age range: 10+

DICKENS, C.

Oliver Twist

The famous story of a young boy's extraordinary adventures on the streets of London. Until he is nine, Oliver spends his life in a workhouse orphanage where he becomes notorious for daring to ask for more food. When he runs away to London, he falls into the company of a gang of pickpockets including Fagin, Bill Sikes and the Artful Dodger. Oliver's future looks uncertain, until a mysterious plot against him is unravelled by kind Mr Brownlow.

Many editions available

Suggested age range: 11+

GIBBONS, A. (2003)

Chicken

A powerful and humorous story about a family on the theme of bullying. Davy's too chicken to stand up to bullying at school. He's been singled out as an easy target. His family aren't much help - they're all chicken too. Mum's frightened of learning to drive, big

brother Carl is terrifying himself trying to impress his new friends. And Dad has too many problems of his own to be sympathetic. But in the end it's his little sister's strange secret which spurs Davy on...and surprises the whole family as well.

Publisher: Dolphin Book Co

ISBN 1858810515

Suggested age range: 9-12

GIBBONS, A. (1996)

Ganging up

John and Gerry have always been friends, brought together by their passion for football. Then Gerry's dad loses his job and everything turns sour. The two boys had always steered clear of the gangs at school, but Gerry gets drawn in and now he and John find themselves standing on opposite sides. Set in a tough inner city Liverpool estate, this story is about friendships, rivalries and survival played out at school and on the football fields.

Publisher: Orion Children's

ISBN 1858811945

Suggested age range: 9-12

GIBBONS, A. (1994)

Whose side are you on?

An exciting and very topical story about racism and bullying in the classroom with a plea to stand up for what you believe in.

Publisher: Orion Children's

ISBN 1858810531

Suggested age range: 9-12

GREEN, R. (2001)

Cuckoos

A story which has been praised for the way in which it tackles the difficult issues of bullying - putting across the point of view of the victim and the bully, who, we discover is a victim himself.

Publisher: Oxford University Press

ISBN 0192751441

Suggested age range: 11+

HARDING, M. (1999)

Buns for the elephants

The fifth title in the "Poetry Originals" series, this volume by Mike Harding reveals a new children's talent. "Poetry Originals" is a series of previously unpublished poetry, with each volume devoted to a well-established poet and edited by Anne Harvey

Publisher: Viking

ISBN 0670859877

Suggested age range: 9+

HENRY, M (2001)

Listen to the dark

Mark Robson is a loner. Bullied at school, he comes home to a nagging, suffocating mother and a silent, drinking father. His friend Tim seems to have joined forces with the school bullies, passing on every secret Mark's ever told him to stay in favour. But Mark suddenly begins to feel that something or someone is trying to communicate with him. He feels a presence beside him as night falls in the empty park, the name 'Lucy' appears on the bedroom window. His parents won't answer his questions, his mother clings to her ideas of safe respectability and tries to make Mark's life fit in with them. But the truth has to come out. Mark discovers he has a sister whose brain became damaged after nearly drowning in the park. His mother visits her every month, but his father has had to block the pain with whisky. The revelation rocks the family, but it releases them to face a more positive future.

Publisher: Mammoth
 ISBN 0749747048
 Suggested age range: 9-11

JOHNSON, P. (2002)

Traitor

What would you do if a gang of bullies decided to waylay you on your way home from school, demanding money? Would you pay up? That's what Tom, Mia and Oliver do - at first. Ashamed of being victims, united in their fear of the gang, they feel powerless to do anything else. But as the pressure builds, a terrible suspicion begins to surface: could one of the three friends be helping the bullies? And if so, just who is the traitor?

Publisher: Corgi Yearling

ISBN 0440864380

Suggested age range: 10+

KAY, J. (1994)

Three has gone

This collection of poems by Jackie Kay is based on memories from childhood, covering favourite foods, bullying at school, betrayal by friends, attention-seeking and shared confidences.

Publisher: Penguin Books Ltd

ISBN 0140371818

Suggested age range: 9+

KING-SMITH, D. (1993)

Lady Daisy

When Ned finds Lady Daisy in his grandmother's attic, she has been asleep since 1901. He enjoys bringing her up to date, but he also has some lessons of his own to learn. A talking Victorian doll is useful for school history projects, but, more difficult, Ned has to learn to stand up for himself.

Publisher: Puffin

ISBN 0140344160

Suggested age range: 9-12

LAYTON, G. (2001)

The fib & other stories

A collection of ten funny, poignant stories about growing up in a northern town in the 1950s. "The Fib" features an array of characters, some extremely awkward situations, and a host of memorable falsehoods.

Publisher: Macmillan Children's Books

ISBN 0330397958

Suggested age range: 9+

LEE, K. (1998)

Deadly Emily

This is a lively story of two girls, who are both called Emily. The story covers the issues of change, family break-up, bullying, and child abuse, with a positive Christian input.

Publisher: Scripture Union

ISBN 185999184X

Suggested age range: 9+

MACPHAIL, C. (2001)

Run Zan run

No-one believes that Katie is being bullied. One day she is cornered by Ivy and her fellow bullies on the town dump. Katie is terrified, but suddenly a girl called Zan rises from the rubbish to Katie's defence. But Zan is not willing to talk to Katie. Eventually Katie discovers the truth about Zan.

Publisher: Bloomsbury
 ISBN 0747555044
 Suggested age range: 12+

MAHY, M. (2002)

Memory

On the anniversary of his sister's death, Jonny Dart is still troubled by guilt and an imperfect memory of the accident. He goes searching for the only other witness to the fatal event, his sister's best friend. But instead of finding the answers, he finds Sophie - an old woman with Alzheimer's. Sophie lives with several cats in genteel but dreadful squalor, and has no memory of recent events. As a temporary outcast and labelled 'loser', Jonny takes refuge with her. In Sophie's house, past and present merge for both of them. Their accidental meeting changes their lives.

Publisher: HarperCollins

ISBN 000712337X

Suggested age range: 12+

MCKAY, H. ()

Dog Friday

In this novel set in a British seashore town, 10-year-old Robin lives with his mother, who runs a bed-and-breakfast inn. Fearful of dogs ever since he was attacked by one, Robin is terrified when a family with four wild children and a ferocious dog moves in next door. But when he finds and rescues a near-dead dog abandoned on the beach, Robin begins to overcome his shyness and his fears.

Publisher: Hodder Children's Books

ISBN 0340726946

Suggested age range: 10+

MCKAY, H. (2003)

Indigo's star

The Casson family starts again in this moving novel. In a term away from school because of glandular fever, Indigo has grown 6 inches, but he isn't keen to go back. Bullying from red-haired Tony and his gang has made life a misery. Returning to school and the continuation of the constant mistreatment, Indy meets Tom, a new boy from America, whose insouciance and self-esteem bring on the attentions of the bullies. The two boys team up, and Tom finds himself part of the chaotic, artistic, eccentric Casson family. Indy's technique with the bullies is one of attrition, and he and Tom finally win the gang around while isolating Tony. Other issues involved are Tom's difficult relationship with his father's new wife and baby in America and the splitting up of the Casson family parents.

Publisher: Hodder Children's Books

ISBN 034087578X

Suggested age range: 10+

ROSE, M. (1998)

Flying upside down

Glynn's mother gets held at knifepoint in her own kitchen, all because Glynn's been given a lousy present. It's Duncan Brown who tells Glynn the true value of his gift. But being friendly with a loser like Duncan is a bad idea and someone's determined both boys will suffer for it.

Publisher: Scholastic

ISBN :0590543121

Suggested age range: 12+

SACHAR, L. (2002)

The boy who lost his face

CURSED! David was only trying to be cool when he helped some other boys steal an old lady's cane. But when the plan backfires, he is the one who she 'curses'. Now David can't

seem to do anything right. The cool kids taunt him and his only friends are weirdos. He even walks into Spanish class with his fly unzipped! And when he finally gets his nerve up to ask out a cute girl, his trousers fall down mid-way! But is this the curse at work or is David turning into a total loser?

Publisher: Bloomsbury

ISBN 0747555281

Suggested age range: 9-12

SACHAR, L. (2001)

There's a boy in the girls bathroom

Bradley Chalker is a bad lot! He lies, gets into fights, no one wants to be his friend and he is all alone. Until, that is, he meets the delightful new school councillor, Carla, and she persuades him that he can change - or more importantly - that he wants to change.

Publisher: BLOOMSBURY PUBLISHING PLC

ISBN 20010903

Suggested age range: 11-14

SILVER, N. (1997)

The blue horse

A novel dealing with the aftermath of a car crash which disfigures a 12-year-old boy and leads to the break-up of his family. After turning to his grandfather and to the fighting fantasy game the two of them invented before the accident, Alex realizes that he is learning to face up to his problems.

Publisher: Faber & Faber

ISBN 0571190553

Suggested age range: 10+

SWINDELLS, R. (1999)

Abomination

Martha is 12, and very different from other children. Her parents are strict members of a religious group and their rules dominate her life. She must never invite anyone home, or their shameful secret, the Abomination, could be revealed. The tale focuses on the rights of a child and child abuse.

Publisher: Corgi Childrens

ISBN 0440863627

Suggested age range: 9-11

WILSON, J. (1999)

Buried alive

Tim's quiet holiday in Wales, with his parents and his best friend Biscuits, unexpectedly becomes Truly Terribly Adventurous. An encounter with two local bully-boys threatens to disrupt Tim and Biscuits's fun but their friendship is also threatened by the arrival of Tim's ebullient friend, Kelly. Tim tells the story in snappy prose punctuated with revealing, illustrated extracts from his and Biscuits's holiday diaries.

Publisher: Corgi Childrens

ISBN 0440863678

Suggested age range: 9-11

Non-fiction for children and young people:

ALEXANDER, J. (2003)

Bullies, big mouths and so-called friends

An effective way to tackle bullying, by helping children raise their self esteem. Most books about bullying tell children how to act without addressing how they feel. But the usual advice to 'ignore it' or 'say something smart' is doomed to fail, as you can't act brave and confident if you feel stressed and helpless inside. Jenny Alexander's approach is to develop readers' psychological defences. Through an entertaining mix of exercises, quizzes and

fictional scenarios, she combines common sense with simple cognitive therapy techniques, to build up children's self esteem. Her tone is humorous and upbeat, but always sensitive to the reader's feelings. A striking blue cover for boys and pink for girls makes this book unique.

Publisher: Hodder & Stoughton

ISBN 0340875658

Suggested age range: 9-12

CHARLISH, A. (1999)

We're talking about bullying

This book contains case studies for the children to discuss and is intended to help both the bullies and the bullied.

Publisher: Hodder and Stoughton

ISBN 0750225777

Suggested age range: 7-11

DEW, M. (2002)

Help: I'm being bullied: a guide for 9-13 year olds

Faces the issues around bullying, prompts thinking about situations and experiences, and offers support in finding appropriate ways of taking control.

Publisher: Bloozoo

ISBN 1903649110

Suggested age range: 9-13

ELLIOTT, M. (2000)

Wise Guides: Bullying

This self-help book by the director of the charity Kidscape, gives sensible advice, explanations and examples of bullying. It offers advice on self-assertiveness, making friends and dealing successfully with bullies. It is peppered with real-life examples and quotes from celebrities who were once victims. The writing is straightforward and the text is broken up by illustrations, quizzes and lists, all of which makes it an interesting read. It also offers advice to bullies and helps them look at why they bully and how to change.

Publisher: Hodder Children's Books

ISBN 0340714832

Suggested age range: 10-16

MARTIN, H., SHENTON, G., and BRACHER-GILES, C. (1999)

Beyond bullying: a guide for coping after bullying

A self-help guide for confidence building and coping after bullying.

Publisher: Kidscape

ISBN: 1872572065

Suggested age range: 14-25

STONES, R. (1998)

No more bullying

Shows school bullying from a child's point of view and how the victim can seem to be the one behaving badly. The problem is solved when the bullied girl plucks up the courage to tell her teacher what is going on and the class agree bullying is not a nice thing to do.

Includes practical suggestions for tackling the problem.

Publisher: Happy Cat Books

ISBN 1899248072

Suggested age range: 6+

THOMAS, P. (2000)

Stop Picking On Me

A picture book with a useful section about how bullies feel, as well as good advice for the bullied.

Publisher: Barrons Juveniles
ISBN 0764114611
Suggested age range: 4-8

September 2005