

# Multi Sports Club

For people aged 16 years plus with a disability

All Abilities Welcome!

The sessions will consist of leisure and recreational activities for adults with a disability. Qualified sports coaches will run the sessions and you will have the opportunity to request, which sports you would like the coach to provide each week.

Fun and Sociable sessions for adults of all ages who are interested in trying out different leisure activities

## Impington Sports Centre

Every 3<sup>rd</sup> Sunday of the Month Starting the  
20<sup>th</sup> June



2.00pm – 3.30pm

£2.00 per session



For further information please contact  
Andy Thompson, Sports Development Officer, Cambridge City  
Council,

Tel: 01223 457537

Helen Johnston, Sports Project Officer, South Cambridgeshire  
District Council,

Tel: 01954 713362

Contact Helen Johnston if you require any assistance with transport  
to the sessions

