



Stay safe!



My name is

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Things you need to know about me and my health

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How I communicate

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The Cambridgeshire Stay Safe card has been developed by the Speaking Up Adult and Youth Parliaments in partnership with Cambridgeshire County Council and Cambridgeshire Constabulary.

This card is based on the Keeping Safe card by People in Partnership, Hertfordshire and the Stay Safe card by Nottingham Learning Disability Partnership Board.

If you are concerned that any vulnerable adult is experiencing abuse or neglect, whether it be you, a member of your family or someone living near you, please contact the **Safeguarding Vulnerable Adults Team** on: Cambridgeshire Direct, Telephone number: 0345 045 5202, Mon-Fri 9am - 5pm.

Or

Emergency Duty Team. Out of hours emergency social care is available on 01733 234724 Mon-Fri 5pm - 9am - All day Sat, Sun and bank holidays.

If the person is in immediate danger, or needs medical treatment. contact the police and/or call an ambulance (999).





People who can help me



Name.....



Number.....



Name.....



Number.....



Name.....



Number.....



In an emergency call the police on  **999**

In a non emergency call the police on  **0345 456 456 4**



Any other details

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