

## Countryside Events regular monthly events July – December 2007

\* All dates and times supplied by organisations and groups  
Information correct at time of publishing - please contact organiser for  
more information on specific events.

<b>Month</b>	Jul - Dec
<b>Location</b>	Cambridgeshire
<b>Description</b>	Running and orienteering clubs are active throughout the county's countryside. Why not join one? Check out the websites.
<b>Contact</b>	<b>Running</b> <a href="http://www.marchathleticclub.co.uk/">www.marchathleticclub.co.uk /</a> <a href="http://www.nenevalleyharriers.fsnet.co.uk/">www.nenevalleyharriers.fsnet.co.uk /</a> <a href="http://www.newmarketjoggers.co.uk/">www.newmarketjoggers.co.uk /</a> <a href="http://www.pactrac.co.uk/">www.pactrac.co.uk /</a> <a href="http://www.ramseyroadrunners.homestead.com/">www.ramseyroadrunners.homestead.com /</a> <a href="http://www.riverside-runners.org.uk/">www.riverside-runners.org.uk /</a> <a href="http://www.werringtonjoggers.co.uk/">www.werringtonjoggers.co.uk</a> <b>Orienteering</b> <a href="http://www.waoc.org.uk">www.waoc.org.uk</a>

<b>Month</b>	Jul - Dec
<b>Location</b>	<b>Cambridgeshire</b>
<b>Description</b>	<b>Ramblers Group Walks</b> The Ramblers Association have five area groups that offer regular walks throughout the year, of varying distances for all ages and abilities. Non members are welcome to try out the walks and join the Ramblers Association. Enjoy exploring the Cambridgeshire countryside and get some fresh air, exercise and friendly company.
<b>Cost</b>	Free
<b>Contact</b>	<a href="http://web.ukonline.co.uk/cambs.ramblers/">http://web.ukonline.co.uk/cambs.ramblers/</a>

<b>Month</b>	Jul - Dec
<b>Day</b>	Mon
<b>Time</b>	10:00
<b>Location</b>	Meet at St Andrew's Church, Soham
<b>Description</b>	<b>East Cambs Heart Beat Health Walks</b> Join a walk in Soham every Monday whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Dec
<b>Day</b>	Tues
<b>Time</b>	14:30
<b>Location</b>	Meet at the Chapel Road Car Park, Wisbech
<b>Description</b>	<b>Fenland Heart Beat Health Walks</b> Join a walk in Wisbech every alternate Tuesday whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Dec
<b>Day</b>	Tues
<b>Time</b>	10:30
<b>Location</b>	Meet at the Community Café, Littleport
<b>Description</b>	<b>East Cambs Heart Beat Health Walks</b> Join a walk in Littleport every Tuesday whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Dec
<b>Day</b>	Tues
<b>Time</b>	14:00
<b>Location</b>	Meet at Ely Cathedral
<b>Description</b>	<b>East Cambs Heart Beat Health Walks</b> Join a walk in Ely every Tuesday whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Dec
<b>Day</b>	Thurs
<b>Time</b>	10:00
<b>Location</b>	Meet at the Post Office, Burwell
<b>Description</b>	<b>East Cambs Heart Beat Health Walks</b> Join a walk in Burwell every Thurs whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Dec
<b>Day</b>	Thurs
<b>Time</b>	12:30
<b>Location</b>	Meet at the George Campbell Leisure Centre, March
<b>Description</b>	<b>Fenland Heart Beat Health Walks</b> Join a walk in March every Thurs whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Dec
<b>Day</b>	Thurs
<b>Time</b>	14:00
<b>Location</b>	Meet at Arkenstall Centre car park, Haddenham
<b>Description</b>	<b>East Cambs Heart Beat Health Walks</b> Join a walk in Haddenham every Thurs whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Dec
<b>Day</b>	Fri
<b>Time</b>	10:30
<b>Location</b>	Meet at the King Edward Centre, Chatteris
<b>Description</b>	<b>Fenland Heart Beat Health Walks</b> Join a walk in Chatteris every Friday whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Dec
<b>Day</b>	Fri
<b>Time</b>	10:30
<b>Location</b>	Meet at the Primary School Staff Car Park, Sutton
<b>Description</b>	<b>East Cambs Heart Beat Health Walks</b> Join a walk in Sutton every Friday whatever your ability for some regular outdoor exercise.
<b>Cost</b>	Free
<b>Contact</b>	01353 654237

<b>Month</b>	Jul - Sep
<b>Day</b>	Sun
<b>Time</b>	14:00
<b>Location</b>	WWT Welney
<b>Description</b>	<b>Summer Sunday Walks</b> A warden will guide you across the Washes to marvel at breeding and migratory birds. Discover dragonflies, damselflies, butterflies and hundreds of wildflowers as the seasons progress. Booking Essential.
<b>Cost</b>	Included in admission
<b>Contact</b>	01353 860711