Enjoy your local area!

Meet friends

Reduce health risks

Burn calories

Feel better

Discover your local area

Visit your local community centre to find out more about local events, activities, group, clubs and café opening times:

Arbury Community Centre
admin@arburycommunitycentre.org.uk
01223 712038
www.arburycommunitycentre.org.uk

Buchan Street Neighbourhood Centre
bsnc@cambridge.gov.uk
01223 508149
www.cambridge.gov.uk/buchan-street-neighbourhood-centre

Meadows Community Centre
meadows@cambridge.gov.uk
01223 508140
www.cambridge.gov.uk/meadows-community-centre

North Cambridge Children’s Centre
northcambridgechildrenscentre@cambridgeshire.gov.uk
01223 728118
www.cambridgeshire.gov.uk/cambschildrencentres

Join a walking group

Walking in a group is a great way to start walking, make new friends and stay motivated. Walking for Health’s Walk Finder lets you search for organised walks near you. Many of the walks are aimed at people who do little or no exercise but who would like to be a little more active.

The area we know as Kings Hedges got its name in the 16th century, believed to be named for the Kings warren or game reserve, where hedges were grown to shelter the animals for hunting.
Arbury’s parish church, The Church of the Good Shepherd, was designed by Stephen Dykes Bower best known for his work at Westminster Abbey.

Enjoy your local play areas (Arbury Court play area pictured).

Route 3
Approximate walking time 35-60 minutes and distance just under 2 miles.