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“It’s such a great feeling when you see someone start to get their confidence back and they can do all the things they used to do.”

Former midwife Emiline Garcia, who moved to the UK from the Philippines in 2005, swapped one caring career for another when she became a reablement support worker and is now fronting a recruitment campaign so others can follow in her footsteps.

Cambridgeshire County Council has launched a drive to attract people who are actively looking for work and those considering a career change to fill around 40 reablement support workers positions in the county.

Reablement is a vital frontline adult social care service which helps people, such as those leaving hospital, to regain their independence and who might not otherwise be able to live in their own home.

Whether that’s helping them to cook, get down the steps into their garden, or be able to dress without assistance, support workers step in to help people regain their independence by motivating and inspiring them to re-learn tasks and activities that are fundamental to their quality of life.

The Reablement Service helps around 3000 people per year and currently employs 204 front line Support workers, working full and part time. Up to 65 per cent of people are independent when they leave the service, with a further 20 per cent needing less care and the remainder requiring the same amount of care, but living safer and happier lives, often with assistive technology in place.

The recruitment campaign will run over the next month and will include adverts on buses, bus stops, petrol stations and on social media.

Emiline, aged 42, who lives in Cambridge, said: “It’s another side of caring compared to what I have done in the past, it’s giving someone the opportunity to get back on their feet. It’s really a very rewarding feeling when you see people achieve independence at home and do the things they enjoy doing. If you’re thinking of changing careers, I’d recommend reablement work – you really can see the difference you make.”

Cllr Anna Bailey, Cambridgeshire County Council’s Chairwoman of the Adults Committee, said: “We are looking for caring, calm and friendly problem-solvers who genuinely enjoy helping people to join our reablement service. This could

be someone who has come to the stage in their career where they want to 'give back' and do a more people focused rewarding role that directly makes a difference. Reablement support workers have the opportunity to work flexible hours with enhanced weekend working pay rates. People don't need any specific experience to become a reablement worker - having the right attitudes and values is what matters.

"The Reablement Service is one of the key approaches we have to reducing the numbers of Delayed Transfers of Care. By investing more in our reablement service we are helping to alleviate some of the pressures on our local health system and we are totally committed to doing this."

To discuss any aspect of the role informally, call 01223 475920 or for more information and to apply, visit

<https://www.publicsectorjobseast.co.uk/Support%20Worker%2c%20Reablement-Variou%20places-working%20out%20of%20office%20base?jobId=15191&JobIndex=6&categoryList=&minsal=0&maxsal=200000&workingpattern=&keywords=&employee=1&postcode=&Distance=20&AdvertiseOn=2> (<https://www.publicsectorjobseast.co.uk/Support%20Worker%2c%20Reablement-Variou%20places-working%20out%20of%20office%20base?jobId=15191&JobIndex=6&categoryList=&minsal=0&maxsal=200000&workingpattern=&keywords=&employee=1&postcode=&Distance=20&AdvertiseOn=2>)



Emiline Garcia, Lead Support Worker for the reablement service

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