What’s in our libraries?

- A wide collection of [health books](https://cambridgeshire.spydus.co.uk/cgi-bin/spydus.exe/MSGTRN/OPAC/HOME?HOMEPRMS=GENPARAMS) that you can borrow or for use in libraries only.
- Display of health related posters and also leaflets for you to take away.
- [events](https://www.cambridgeshire.net/events/Results.aspx?searchText=library) (e.g. Cancer Information Display, Stroke Awareness, talks etc)
- Online resources to search health and medical information via [Oxford Reference Online](http://www.oxfordreference.com/) and [Credo Reference](http://search.credoreference.com/)

Local information

- [Cambridgeshire County Council](https://www.cambridgeshire.gov.uk) - Find care and support information and advice website and directory of services.
- [Safe and Well Cambridgeshire](http://www.safeandwell.co.uk/cambridgeshire) - Helps you find useful advice and products that make daily living easier. Now available with information localised for individuals in Cambridgeshire.
- [Cambridgeshire.net](https://www.cambridgeshire.net/) - Find details of local health support initiatives and organisations based in Cambridgeshire, including their forthcoming events.
- [Cambridgeshire and Peterborough NHS Foundation Trust](http://www.cpft.nhs.uk)
- [Cambridgeshire and Peterborough Clinical Commissioning Groups](http://www.cambridgeshireandpeterboroughccg.nhs.uk)

Useful links

- [NHS Choices](http://www.nhs.uk/Pages/HomePage.aspx) - Search for doctors, dentists, hospitals and other health services in the UK, as well as many other useful health resources. It also features an A-Z of treatments and conditions.
- [Patient UK](http://patient.info) - Contains information leaflets on medicines and drugs as well as information on specific illnesses and patient self-help and support groups.